



## 2023 Cross Country Schedule

(subject to change)

Regular season practices will begin in August  
Practices will be held from 3:45-5:00

### Meet Schedules

<u>Day</u>	<u>Date:</u>	<u>Location:</u>	<u>Time:</u>
Saturday	Sept. 2nd .	@ Hotchkiss	10:30 am
<b>Saturday</b>	<b>Sept. 16th</b>	<b>WCU Invitational at Gunnison</b>	<b>9:00 am</b>
Friday	Sept. 22nd	@ Lake City	4:00 pm
<b>Wednesday</b>	<b>Sept. 27th</b>	<b>Golden Shoe Intrasquad Meet</b>	<b>4:00 pm</b>
Friday	Sept. 29th	@ Delta Confluence Park	12:30 pm

Coaches: Lisa Brown and Cynthia Bruton